



July - September 2024

ISSUE 15



# DRISYATA

A Magazine of Arts, Science and Commerce

**Zero-Waste Living:**  
Small Steps to a Sustainable Future

**DRISYATA**

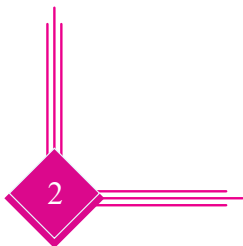
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DRISYATA

## EDITOR'S DESK



Dear Readers,

I am so happy and proud to be a part of yet another publication of Dristaya. Like all other editions, this will be also an entertaining and informative one. I hope this edition will also become a noticeable one. Eventhough it's a quarterly edition, it has a lot of information, message and news to be shared with you regarding our college and different departments. This edition is enough to say how our college is developing and how talented our students are. The contribution of all the members of the Naipunnya's Family helps in building it up.

As an editor, I really feel proud to present this latest edition to you. I believe this will remind you about the most memorable days or moments which you spent at this college. Come let me take you to the world of wonders

Surabhi S



## Message from the Exe. Director

Rev. Fr. Varghese Palatty

**A Warm greeting to all,**

*“Learning is like rowing upstream: not to advance is to drop back.”*

-Anonymous.

As these quotes suggest, learning is an endless thing, and we are learning new things and with that we should move forward instead of reverting back in life. This knowledge helps in developing our skills and talents. We, the members of Naipunnya family focus on developing the creativity of students in every field.

This edition of Drisyata is also another treasure which includes all the activities and talents of the students from all departments. It shows how the opportunities are used by the students to develop their skills and talents. Moreover, their contributions help in the development of all departments and our college. As the motto suggests, “to reach the unreachable”, our vision and mission is the holistic development of our students. I believe this edition will also be a remarkable and memorable one

## Message from the Principal

Dr. Biji P Thomas



*“The function of education is to teach one to think intensively and to think critically.  
Intelligence plus character that is the goal of true education”*  
-Martin Luther King, Jr.

The world of 21st century is changing at an accelerated scale. It is a challenge for educators to cope with the changing world order and prepare their students for the future. It has rightly been said by Margaret Mead that “Children need to be taught how to think, not what to think.”

Naipunnaya School of Management caters to the needs and aspirations of the society. It has always tried to inculcate creativity, critical thinking, innovation, divergent thinking along with proper values of life for its students. The school conducts an array of activities throughout the year bringing out all these skills among children. This edition of ‘Drisyata’ gives space to imagination and unlocks the thoughts and values of children and staff. It unfolds a wide spectrum of creative skills which includes the hidden talents of students in all spheres.

The creativity in children found in ‘Drisyata’ is only because of the strenuous efforts of the editorial board and the active participation of students, needless to say the committed and supportive management, dedicated and caring staff, who worked in the backdrop to bring out the best in children.



# UDYAMAM

*featuring the events and activities conducted in the college.*



**The Postgraduate Department of Commerce and Management****Workshop on “ Preparation of Research Proposal”:**

This workshop was organized by PG department of Commerce and Management on 29th July,2024 in the PG Seminar Hall. The Resource person of this workshop was Dr. Ambeesh Mon.S. This session was very informative and useful for the students.

**Secret of Success- Talk with an Entrepreneur Series:**

This was an interesting session handled by Mr. Mathew Joseph, founder and managing director of Bluefin Agro products. It was conducted on 30th July,2024 at 10:30 am and the program coordinator was Mr V R Renju Chandran. This session have helped the students to understand more about the key to success.

## **Theyyam – As a Ritual Tourism Product:**

This was a group presentation by 3rd Semester B.Com. Tourism and Travel Management students. It was organized as a part of Ritual Day Observation by PG department of Commerce and Management on 12 August, 2024 from 10:30 am to 11:30 am in the PG Seminar Hall. The program coordinator was Mr Aravind C Nair. The students did a presentation on different features of Theyyam and it was very informative. Mr V R Renju Chandran provided the valuable feedback



## **The Post Graduate Department of English**

### **Empower U - Training Series Pramitha:**

This was a training session on Soft Skills development organized by Post Graduate Department of English. It was conducted by Mrs Anjana Satheesan and on 9th August 2024 at 10:30 am in the PG Seminar Hall. The coordinator of this session was Mrs. Shonima C. This session was really interesting and they were able to understand about the need and importance of soft skills and how to develop them to succeed in their professional career.



## The Department of Computer Science and Application

### Skill Up- Pramitha Training Series Training on Flutter:

This was a Software training program conducted by Department of Computer Science and Application. It was carried out by Mr. Nidhin V Ninan; who is a skillful flutter developer. This session was on 23rd August 2024 at 10:30 am in the PG Seminar Hall. It had proved to be an effective session as students learned more about this software and its functioning .



### Farmer's Day Special Letter Writing Competition:

This competition was organized and conducted by Department of Computer Science and Application. It was held on 02nd September 2024 in the LCD Room No.2 from 2:30pm – 3:30pm. It was a letter writing competition and students wrote letters and the best letter was selected and given the prize.



## Esperanza: Fresher's Day:

This program was conducted by the Department of Computer Science and Application students on 11th September, 2024 at 10:00 am in the top auditorium. It was an entertaining and interesting one. The seniors welcomed their juniors and provided them an opportunity to showcase their talents. Also they had organized some funny games for their new friends in order to break their shell of shyness and to become more active participants. Moreover, the seniors performed some entertaining programs for their juniors to show their love and to welcome them.



## The Department of Hotel Management

### Karuthal - Feed the Needy - Akshaya :

This was a social service program organized by the Department of Hotel Management. It was an off campus social work to feed the Needy and for that they choose an Old Age home in Kothamangalam. The students of all batches joined in this and it was on 19th July 2024 and at 3:30 pm. It was a great experience for the students and also eye-opening program as they were able to understand the importance of serving food.

### Tharuni – Meme based on Gender Equality:

It was an entertaining as well as informative cultural art performed by the Third Semester students of The Department of Hotel Management. It was organized in the HM auditorium on 2nd August 2024 at 1:00 pm. The students presented their ideas through their acts and it proved actions can speak louder than voice. Their performance was mind blowing and it acknowledged all the problems faced by people due to gender inequality and they raised their voice for gender equality.



# Zero-Waste Living:

## Small Steps to a Sustainable Future

Anjala Mariya M A, S1 B A English

Zero-waste living is a journey, not a destination. By making conscious choices, we can significantly reduce our environmental footprint. Start with these simple yet impactful tips:

### Reduce:

- ♻️ Refuse single-use plastics (bags, straws, cutlery).
- ♻️ Choose products with minimal packaging.
- ♻️ Buy in bulk.
- ♻️ Avoid paper waste (digital documents, reusable notes).



### Reuse:

- ♻️ Use reusable bags, containers, and water bottles.
- ♻️ Repurpose old items (turn old t-shirts into bags).
- ♻️ Share or swap items with friends.
- ♻️ Upcycle furniture.



### Recycle:

- ♻️ Know your local recycling guidelines.
- ♻️ Compost food waste.
- ♻️ Recycle electronics and batteries.
- ♻️ Participate in community recycling programs.



### Additional Tips:

- ♻️ Plan meals to avoid food waste.
- ♻️ Use rags instead of paper towels.
- ♻️ Avoid microbeads and choose eco-friendly cosmetics.
- ♻️ Buy second-hand or sustainable clothing.

## Zero-Waste Swaps:

- ♻️ Switch to:
  - » Menstrual cups or reusable pads.
  - » Bamboo toothbrushes.
  - » Beeswax wraps.
  - » Stainless steel straws.
- ♻️ Replace paper products with:
  - » Reusable napkins.
  - » Cloth towels.
  - » Metal or bamboo utensils.



## Common Challenges:

- ♻️ Convenience vs. sustainability.
- ♻️ Higher upfront costs.
- ♻️ Lack of access to recycling facilities.

## Solutions:

- ♻️ Plan ahead.
- ♻️ Invest in quality reusable items.
- ♻️ Advocate for change in your community.

## Inspiring Stories:

- ♻️ Zero-waste households.
- ♻️ Community composting initiatives.
- ♻️ Sustainable fashion brands.

## Getting Started:

- ♻️ Conduct a waste audit.
- ♻️ Set realistic goals.
- ♻️ Join online zero-waste communities.

## Conclusion:

Zero-waste living is achievable with small, consistent changes. Every choice counts, and collective efforts can significantly reduce waste. Start your journey today!

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